

Trade and crafts were left to the *metoikoi*, laborers who didn't receive much pay but were necessary for the culture and cities. Craftsmen who worked to supply the warring armies and those who worked on huge projects like the Parthenon would receive good pay.

Craftsmen who worked indoors were considered flabby and unhealthy.

Greek FOODS:

Greeks have many tasty appetizers that are served before the main meal.

Best known: *taramasalata*, a dip made from fish roe.

Tzatziki is made from cucumbers and garlic mixed with yogurt. These dips are served with bread and veggies.

Greek soups:

avgolemono is a chicken broth with rice, egg, and lemons.

psarosoupa is a fish broth.

Meat dishes:

souvlaki - barbecued lamb kebabs

keftedes - meatballs

moussaka - pie made of minced meat, eggplant, and cheese.

dolmades - vine leaves stuffed with minced meat and rice

styphado - meat stew

Seafood:

prawns, crayfish, lobster, octopus, squid, served with simple lemon and olive oil sauce.

Fish: usually fried or grilled